

# THE MORINVILLE NEWS

July 23, 2014 FREE

ISSN 2291-2738  
Vol. 4 — Issue 34



Read Us Online Daily At [MORINVILLENEWS.COM](http://MORINVILLENEWS.COM)



## Canola fields forever

Kim Gosselin sent in this playful photo of someone going head over heels for canola. It is one of several submissions sent in this week for our monthly photo contest. See Page 9.

*Our*  
**Morinville** & *Area*



**Northgate Country**  
CHEVROLET BUICK GMC

New Car Buyers  
receive a \$300 Gas Card  
With This Ad.

**780-476-3371**  
karenp@northgategm.com

Lessons - Instruments - Equipment - Recordings

**SMITH MUSIC**

**780.862.0340**  
smithmusic.ca

**RE/MAX**

**Linda Getzlaf** *Getz You Moving!*

**RE/MAX** Real Estate®  
Each Office Independently Owned and Operated

**780-690-3861**  
Bus: 780-939-1111

Call and ask for me personally  
for your free home evaluation

**IRP APPROVED AGENT**

# Community Champions

brought to you by



**Champion Petfoods®**  
Canada's Best Petfood

Morinville Farmers' Market Manager Korien Sampson poses with some fresh produce. The Farmers' Market will be holding a Country Fair Aug. 23, an event that will precede the Morinville Community Gardens Farm to Table Dinner.

- Lucie Roy photo

by **Stephen Dafoe**

**Morinville** – A 200-seat outdoor dinner and street dance will cap a day-long Country Fair this summer. The event takes place Aug. 23 and is the result of the Morinville Community Gardens and Lions Club partnering with the Morinville Farmers' Market.

Morinville Farmers' Market Manager Korien Sampson said the idea started from a Twitter comment asking the Friday market to host a bench and exhibition fair, an event where people could compare their produce, baked goods and critters in a competitive format. Sampson said once the seed was planted things sort of steamrolled from there. "I kind of had this vision of a Blue-Ribbon, Pennsylvania State Fair type idea and then it just became an all-encompassing day," she said. "We named it the Morinville Country Fair because it's our way of giving back to the community that supports us."

The Saturday event will take place at the arena parking lot, starting with a community breakfast running from 9 a.m. to 11:30 a.m. hosted by the Morinville Lions Club. The Farmers' Market will run from 11 a.m. to 4:30 p.m. in tandem with a food court, beer gardens, and a number of country fair-style games and activities, including a tug of war contest, watermelon eating contest and possibly mechanical bull riding. "We are planning events for everyone - kids, moms, dads, and grandparents," Sampson said of the wide variety of community fair activities the committee is planning. "We are trying desperately to keep all our costs as low as we possibly can, while ensuring that no community groups end up losing money. It's a fine line, but we must charge for some events, as we have no funding at this time for this event."



Although there is no cost for most of the games and other activities, the bench fair will have a nominal registration fee of \$1 per item, but registration fees will be capped at \$10 per entrant. Registration will take place from 11 a.m. to 12:30 p.m. and judging will commence at 3 p.m.

Adding to the country fair theme, organizers are planning a number of 15- to 20-minute classes throughout the afternoon. Some of the classes will be put on by the Morinville Community Gardens. Others will teach people how to make dough art, how to knit and crochet, the basics of photography, and potentially a flower arranging class.

## Farm to Table dinner a major component

Although the Morinville Community Gardens will host a couple of classes on working in your garden, their major contribution to the event will be their first Farm to Table Dinner, an event the organization has been working on for months, and one President Val Loseth is referring to as an extraordinary culinary event. The concept takes local ingredients as diverse as the herbs growing in planters on 100 Avenue to local grain and meat producers inside and outside the region, and putting those ingredients in the hands of chefs from the Green Bean, Kelley's Deli and Bakery, Sal's Famous, and Premium Food Services. The main meat will be pork, but there will be samplings of duck, bison and lamb. "They are all going to prepare the meat according to their style. It'll be a taste of Morinville," Loseth said, adding the only stipulation is the chefs are required to use local ingredients in their preparations. "We're going to collect all the recipes and put them up on the website afterwards so everybody can have access to them."

But while the food is sure to be a hit, Loseth and her group believes the communal meal is a major component of the event's importance. With 200 tickets available for the event she is hoping to see 35 separate tables lined up in the middle of the street, and place settings for those inside and outside Morinville to break bread at the end of a summer's day.

Tickets for the Farm to Table Dinner are \$25, proceeds that will be used to expand the Morinville Community Gardens location across from the arena. "We're going to use it as a bit of a fundraiser for our next project. We want to create an inlaid labyrinth and perennial bed. That doesn't come cheap, even with grants and funding from other sources," Loseth said.

## Thinking of farming

The date of the Farm to Table Dinner and Community Fair coincide with Farm Day in Alberta, a day when farmers are encouraged to open their gates to the public for tours. "It just happened by coincidence that we organized this event on the same weekend," Loseth said. "We decided we would actually create a country fair based on the farm."

The event runs Aug. 23 from 9 a.m. until the dance is done. The Farm to Table Dinner will take place at 6:30 p.m. Tickets are limited to 200 and are available at Sobeys, Servus Credit Union, Vintage Petals, Shell, Turner Goldsmith, Hunter's Print and Copy, and Marshall's Roofing.

## It's Our Business

## Morinville sees two new business open last week

### Animal Wellness Veterinary Clinic

Manager Amanda Jepson looks at the ear of Harley, a nine-year old Bull Mastiff. The new clinic is located at 10401-100 Avenue in the former Entheos Wellness Centre location next to The Flower Stop. The clinic opened its doors July 14 and offers full veterinary services, including surgeries. They are open Monday through Thursday every second week from 8 a.m. to 6 pm, as well as the occasional Saturday. Currently they are open July 28-31, August 11-14 and August 25-28. Hours are subject to change this fall to more full time hours.



**Glam Nail Bar & Spa** nail technician Casey Smith took a turn at having her nails done during their opening Friday. The new business is located across from Sobeys at 10006-100 Street. Glam Nail Bar & Spa offers a wide range of services, including full set, nail fill, mini fill, nail repair and reconstruction, nail art, pedicures, facials, relaxation massage, manicures,

waxing, tinting, and make-up application. They also provide services for men, including pedicures and manicures, classic and detox facials, and waxing. They are open Tuesday, Wednesday, Friday and Saturday from 10 a.m. to 5 p.m., and Thursdays from 1 p.m. to 9 p.m.

- Lucie Roy photos

**CAREERS AT**  **Champion Petfoods®**  
Canada's Best Petfood

**JOIN OUR GROWING WORLDWIDE TEAM!**

**HOW TO APPLY**

Please contact us at  
[CAREERS@CHAMPIONPETFOODS.COM](mailto:CAREERS@CHAMPIONPETFOODS.COM)

# THE MORINVILLE NEWS

ISSN 2291-2738

The Morinville News is published each Wednesday  
by The Art of Conversation Morinville Ltd.



**Our Print Edition Is Available At More Than 100 Locations In Morinville And Legal and mailed to 1,400 homes and businesses in Sturgeon County**

Published Online  
Monday to Friday At  
morinvilnews.com

**THE MORINVILLE NEWS** welcomes your letters to the editor. Anonymous letters and those from writers who cannot be verified by our editorial staff will not be published. Please send your letter to editor@morinvilnews.com. Include your name, address and phone number. Letters should be no more than 700 words in length. We reserve the right to edit letters for length, libel, taste, and non-verifiable information.

**Publisher:** Stephen Dafoe 780-800-3619  
stephen@morinvilnews.com

**Advertising Sales:** Stephen Dafoe 780-800-3619  
sales@morinvilnews.com  
morinvilnews.com/advertising

**Ad Design & Layout:** Stephen / Calli  
graphics@morinvilnews.com

**Correspondent:** Calli Stromner 780-800-3619  
town council  
calli@morinvilnews.com

**Correspondent:** Tristan Turner 780-800-3619  
town / province  
tristan@morinvilnews.com

**Correspondent:** Lucie Roy 780-800-3619  
community news  
lucie@morinvilnews.com

**Correspondent:** Ashley Janes 780-800-3619  
arts and culture  
ashley@morinvilnews.com

10021 100 Ave.  
PO Box 3135  
Morinville T8R1S1

**Sales Dept Calls:** Tues-Fri 9-5\*  
**News Room Calls:** Tues-Fri 9-5\*\*  
\*Office Hours Are By Appointment  
\*\*We monitor calls evenings, weekends and holidays for breaking and urgent news stories

**Get the news daily at  
www.morinvilnews.com**

/MorinvilleNews @MorinvilleNews

## Editorial & Letters

# Youth are community responsibility, police

*Publisher's Note: RCMP in Spruce Grove and Stony Plain issued an open letter to residents of that community July 15, addressing concerns of vandalism by local youth. We do not normally publish open letters from outside the community, but this letter could well apply to any community. - SD*

### An Open Letter to the Citizens of Spruce Grove and Stony Plain

RCMP in Spruce Grove and Stony Plain are concerned with a small percentage of youth wreaking havoc on our communities during the last two weeks.

Since school let out, police have responded to well over 30 incidents of vandalism and property damage. These include: mailboxes tipped over, playgrounds wrecked, fires deliberately set, and spray-painting. These types of instances not only ruin our community, they also tie up police resources that could be better utilized dealing with actual emergency situations.

Police are actively investigating, and have arrested several youth in relation to the fires and mailbox damages.

The vast majority of these incidents are occurring in the early morning hours, leaving many to wonder why these young people are roaming our streets throughout the night. While summer holidays means more freedom and a break from the routine associated with school, this should translate to evening Slurpee runs and dips in the pool to cool off, not committing criminal acts on public or private property.

The community plays a pivotal role in crime prevention; in this instance, specifically by ensuring that youth are supervised and held accountable for their whereabouts and behaviours. This may include calling their children's friends' parents, to ensure that they are where they promised to be. Having once been young ourselves, and being parents, we realize that sometimes, just sometimes, kids may not be entirely truthful with their parents. The onus is on parents to monitor their activities, not police.

"RCMP believe that long-term prevention of youth crime can only be accomplished in partnership with the community. We work closely with local organizations and community services to ensure that young people who come into contact with the police, as either offenders or victims, receive the help they need to overcome challenges in their lives", states the Officer in Charge, Inspector Gary Graham.

Police realize out of the thousands of youth in Spruce Grove and Stony Plain, there is a literal handful committing these criminal acts. Let's work together to be a village and raise these children in a safe and productive community.

### Journalism 101- Why newspapers have editorial pages

There are potentially four types of writing that you will find in **The Morinville News** any given week: articles, letters, editorials, and columns. Each is distinct in its style, but news articles are unique in that they must be devoid of the writer's personal opinion. A newspaper article must be disinterested and objective, presenting the information straight up and without slant or bias. That is the ethics of journalism, and that is our commitment to you, our reader. Opinion is confined to letters, which are the writer's opinion; columns, which express the columnist's opinion on a topic or issue; and the editorial, which expresses the opinion of the publication. Feel free to share this lesson with publications that are not following these simple journalistic rules. - SD

## Letters / Columns / Obituaries

### What Are They Talking About?

Information picked up in passing on social media

#### Organizational Review Proceeds

Morinville's Mayor Lisa Holmes had the following to say about Council's Organizational Review on her Facebook page July 15:

"During the summer months Town Council takes a break from holding formal Council meetings but this year we are continuing to meet for Council workshops every couple of weeks (in person/via teleconference).

"We had our first workshop this morning [Jul. 15] where we received an update on the Organizational Efficiency & Effectiveness Review. This is a project that was brought up many times in the 2013 election by candidates and by both residents and Council members in the 2014 budget process. It was approved as an operational project in the 2014 budget. Council has been leading this project, starting with our approval of the Request for Proposal (RFP) (which is a document outlining the project terms and inviting consultants to submit proposals) on June 24th.

"We are accepting proposals until Jul. 17th and have gotten a lot of interest in this project from consultants from across Canada, the US, India and Australia!

"Over the next few weeks Council will work with the CAO to review the proposals and award the contract. The project should run from August until approx[imately] November with a final report coming to Council on December 2nd, tentatively.

"We will continue to keep everyone updated as we get status reports throughout the summer and early Fall. If you have any questions, let us know: [allcouncil@morinville.ca](mailto:allcouncil@morinville.ca)."

## EMPLOYMENT OPPORTUNITY

### Office Administrator/Event Coordinator (35 hours per week)



Are you outgoing and personable? Are you organized with an attention to detail? Can you think outside the box? Can you handle a lot of variety and challenge in the job? Are you able to multi-task successfully, work with limited supervision and ask for assistance when you need it? Are you capable at prioritizing?

The Morinville and District Chamber of Commerce

is looking for someone with these qualities. The position entails meeting and communicating with members of the local business community, coordinating various annual events held by the chamber and a variety of other responsibilities.

If you feel you're up to this challenge, please forward a cover letter and your resume to [assistant@morinvillechamber.com](mailto:assistant@morinvillechamber.com)



Legal's got their big Fête au Village on this weekend and it's an event I've always liked to go to. Of course it is an event I used to

go to in my younger days and stay for two or three days. Now I just go for the parade, show and shine and the demolition derby. Here's a few of my thoughts on the Fête au Village, the Frontier Daze and some of the other festivals what goes on around here.

**1** What's the difference between Fête au Village and St. Jean Baptiste Festival. None! Both have been reborn through the spirit of the community and the involvement of hundreds of hard working volunteers. We're seeing that with other festivals too like the one the public school parents have put on for three years now.

**2** Both Legal and Morinville's big festivals have stayed true to the principles of Father Primeau – have the community put on a show and community celebration locally rather than sending them off to the exhibition in Edmonton. Of course I see lots of pictures on the Facebook that show people still need to go to the K Days or whatever they're calling it now. Think it's the mini donuts.

**3** Legal has kept their Demo Derby going and provided a place for Morinville and Legal people to run into each other with no lawyer suggesting that the five-mile-an-hour crash needs a \$50,000 law suit. I'm more excited than a pig in a mud pit that they're going to be smashing and crashing trucks this year.

**4** The train the mayor drives in Legal is loads of fun, especially seeing him pull all the politicians in the cars behind them throwing candy. I hear Redwater's got themselves a fancy fire truck to drive in the parades for the same purpose. What's Morinville got? A bunch of politicians walking the parade route and one of them pushing a shopping cart. I think Morinville ought to dig in its pockets and come up with something like Legal and Redwater. Maybe something with a hemi engine in it or maybe a bunch of little motor cars like the Shriner's drive around in.

**5** Head north to Legal this weekend and enjoy crashing cars, a great parade, good food, fine music and finer people. Make sure you say "Bonjour, mes amis" when you get there! And if you don't get enough of French heritage on Saturday, you can come watch all the cyclists in Morinville on Sunday at the Tour de l'Alberta.

[joe@morinvillenews.com](mailto:joe@morinvillenews.com)



## Former Morinville Mayor Albert Ouellette passes away

by Morinville News Staff

Flags at Town Hall flew at half mast last week in honour of Former Mayor Albert Ouellette who passed away July 11 at the age of 84. A Funeral Mass was held July 17 at Holy Family Catholic Parish in St. Albert.

Ouellette was a prominent Morinville businessman who operated the Shell gas station on 100 Street (current location of Smith Music) and subsequently worked at Bumper-to-Bumper. He is remembered as an active member of the community, having worked on the creation of the Morinville Public Library, Tennis Courts, and organizing the community's Frontier Days Festival. Ouellette served on Council and was Mayor of Morinville in 1967.

Ouellette was predeceased by his wife, Jeannette; his grandson, Hayden; and his sister, Alice. He is survived by his children and their spouses: Dan (Debbie), Paul (Maria), and Guy (Kris); his grandchildren Jocelyn (Don), Marc, Austin, Kurtis, Hayley, Birk and Merrick. The former mayor is also survived by sister, Jeanne Ethier; brother-in-laws: Roger (Rachel), Gene, Armand (Terry) and Lawrence; sister-in-laws: Irene (Wymand), Lucienne (Cliff), and Yvonne; as well as numerous nieces and nephews, and many dear-friends.

# Population tops 9,000

by Tristan Turner

Morinville Mayor Lisa Holmes is calling the community's nearly 10 per cent population increase over the past three years exciting, but said council will adhere to the previously passed Municipal Sustainability Plan "to support sustainable growth in our community."

The Town of Morinville released the population number from the 2014 Census in a press release July 15. That information showed that since the 2011 federal census, Morinville has seen a 9.7 per cent population increase, resulting in a new population of 9,402, or an addition of 833 residents from the 8,569 that were recorded in 2011.

The data reveals an increase in Morinville's population of nearly a quarter (23 per cent) over the last five years. These figures are about double the five-year province-wide growth rate and nearly four times the five-year national growth rate (using data between 2006 and 2011 with approximately an 11 per cent province-wide increase and a six per cent national increase). With an increase of 2,627 residents in the past eight years, Morinville has seen a 38.77 per cent increase in population in under a decade. If these trends continue, it points towards a near doubling of Morinville's population over the next decade.

While excited about growth, Holmes also clarified that she sees Morinville as a "tight-knit community" and hoped to placate any concerns from residents who enjoy the benefits of living in a smaller community. "Council will continue to support initiatives that bring our community together," Holmes said.

## Census receives considerable online support

The census was once again available online for the convenience of residents. Forty per cent of residents completed the survey online, and Mayor Holmes said this online initiative was created for both resident convenience but also to save census-gathering costs for the Town. The Mayor said the cost savings created by online data collection versus door-to-door data collection would be looked at when council returns from their summer recess in the Fall.

During the 2011 Census, Morinville's Chief Financial Officer Andy Isbister said each new resident represents approximately \$325 in new grant funding for the Town. While the potential new grant figures have not been revealed yet, Mayor Holmes said the population growth "enables exciting new grant opportunities" from the provincial and federal government, opening up the Town to "fund more programs and services that fit the needs of our growing Town".

A more detailed picture of the 2014 census, including demographics will be presented to Council during the Aug. 26 meeting.

Decorative Rock • Sand  
Gravel • Top Soil  
Bark Chips & Mulch  
Trees and Shrubs  
Landscape Fabrics  
Firewood  
Sidewalk Blocks  
Bobcat Services  
Snow Removal

**780-868-1961**

9406 - 100 St. - Morinville

[www.masonlandscaping.ca](http://www.masonlandscaping.ca)

BIDDISCOMBE  
**AUTO GLASS LTD.**

WESTCOMBE  
**WINDOWS**

Windshield replacement **as low as \$150** / Crack Repair **\$20**

**780-939-3455**

9918 - 103 St.  
Morinville, AB

**Maureen Kubinec, MLA**  
Barrhead Morinville Westlock

**Legislature Office:**  
610 Legislature Annex  
9718 - 107 Street, Edmonton, AB T5K 1E4  
Tel: (780) 427-7932 Fax: (780) 415-0951

**Barrhead Constituency Office:**  
Tel: (780) 674-3225 Fax: (780) 674-6183

**Westlock Constituency Office:**  
Tel: (780) 349-4936 TF: (780) 310-0000

Barrhead.Morinville.Westlock@assembly.ab.ca  
[www.assembly.ab.ca](http://www.assembly.ab.ca)

**Right:** Derek Fildebrandt, Alberta Director, Canadian Taxpayers Federation (CTF) posing with the Alberta Debt Clock on Friday during its tour to Westlock Friday.

- Lucie Roy photo



## Alberta Debt Clock ticks its way through the area

by **Lucie Roy**

**Westlock** - The Canadian Taxpayers Federation's (CTF) Debt Clock made a stop in Westlock Friday. The tour that started Monday, July 14 ended Saturday, July 19 after the Debt Clock ticked away as it travelled more than 2,730 kilometres through 25 communities, including St. Albert, Spruce Grove, Leduc, Fort Saskatchewan and Lacombe.

The CTF hauled their 12-foot-long Debt Clock to raise awareness and to get politicians to take a firm stand to bring in a debt replacement plan, as well as get MLAs and people to sign the pledge.

Fildebrandt said Alberta's debt moved past the \$10 billion mark on July 10 and that the province's debt is projected to reach \$21 billion by 2016-17, an amount that will consume \$1.4 billion per year in interest payments.

Fildebrandt said July 12 marked the 10<sup>th</sup> anniversary of Ralph Klein standing on the steps of the McDougall Centre in Calgary hoisting a sign over his head that read Alberta's debt was Paid in Full.

By contrast, he said Alberta's current debt is increasing by \$150.37 per second, \$9,022.07 per minute, \$541,324.20 per hour, \$12,991,780.82 per day and \$4.7 in the current fiscal year.

## Home and Office

sponsored by

For over 40 years!  
**QUINN'S**  
Plumbing & Heating Ltd.

Friendly Professional  
Service since 1972

### 2014 TOILET REBATE

Reduce Consumption / Double Your Rebate

The Town of Morinville is offering a **\$75.00 rebate** to residents, rental properties and business owners to encourage the replacement of old and inefficient toilets with low-flush or dual-flush toilets to reduce water consumption.



Double Your  
**REBATE**  
With This Ad

Get a new low-flush or dual-flush toilet supplied and installed by Quinns and receive the **\$75.00 REBATE** from the Town of Morinville PLUS a **\$75.00 REBATE** from Quinns Plumbing!

Must have coupon. Expires July 31st, 2014

For over 40 years!  
**QUINN'S**  
Plumbing & Heating  
**780-939-4217**

**Home hardware**  
**BUMPER TO BUMPER**  
Auto Parts Professionals  
[www.ONE GREAT STORE.ca](http://www.ONE GREAT STORE.ca)

*Serving Morinville and Area  
for Over 70 Years*

9910 - 100 St. Morinville 780-939-2100





## Town Talk

### BEST GARDEN COMPETITION - JULY 30

Do you have the garden that your neighbours peek over the fence at and admire? Let us know as we are looking for the best gardens in Morinville — from unique planters to outdoor living spaces. Nominate yourself or your neighbours. All entries must be received by July 28<sup>th</sup> at 4:30 pm. Submit entries to Community Services (MCCC) or by contacting Allen Jacobson 780-939-7832 or [ajacobson@morinville.ca](mailto:ajacobson@morinville.ca)

Gardens will be judged between 9 am and 12 pm on July 30. Fabulous prizes will be awarded. Call Allen for more information!



## EDMONTON BICYCLE AND TOURING CLUB

In partnership with the Town of Morinville

PRESENTS  
PRÉSENTE

En partenariat avec  
In partnership with

Le Tour  
de l'Alberta  
2014



SUNDAY  
JULY 27  
DIMANCHE 27 JUILLET

A DAY FOR CYCLISTS OF ALL ABILITIES  
TO ENJOY FUN, FOOD AND FESTIVITIES!

UNE JOURNÉE POUR LES CYCLISTES DE TOUS QUALIBRES,  
POUR AVOIR DU FUN ET BIEN MANGER !

Choose from ride distances of: 5 km Kids Mini Tour/enfants mini tour  
Choisissez les distances de: 15 km Family Fun Ride/tour en famille  
50 km, 100 km, 150 km & 185 km

Start & finish at the Ray McDonald Sports Centre/Départ et arrivée au centre sportif Ray McDonald  
9906 104 Street / 9906 104e rue, Morinville, AB

FOR MORE INFORMATION OR TO REGISTER ONLINE VISIT:  
POUR PLUS D'INFORMATION OU S'INSCRIRE EN LIGNE :

[www.tourdalberta.ca](http://www.tourdalberta.ca)

Registration fee includes:

Fully supported ride  
Rest stops with snacks & refreshments  
Lunch, end-of-ride meal & entertainment  
And more door prizes

L'inscription comprend:

un appui complet  
Les pauses avec bouchées et rafraîchissements  
Lunch, repas de fin de tournée et divertissement  
et plus prix de présence



## Town Talk



AT THE  
TOUR DE L'ALBERTA!  
JULY 27, 2014

Join the Heart and Stroke Foundation's BIG BIKE at the 2014 Tour de L'Alberta! Make a big impact in the lives of Canadian families. Ride and Cheer through your community on the 29-rider bicycle to raise funds and awareness for the Heart and Stroke Foundation.

The 29 rider bicycle will be on-site at the Ray McDonald Sports Centre (9908-107st, Morinville) from 11 am until 2 pm and is available for a FUN-RAISING-RIDE (20 minutes or so) at \$50 per person. What a great way to help out and have fun. Come out as a group or just join the fun...!

Please contact Allen Jacobson 780 293 2694  
or at [ajacobson@morinville.ca](mailto:ajacobson@morinville.ca)

Or just drop by and join the ride. Riders must be at least 14 years old!

EAST BOUNDARY ROAD ( RR 252)  
Between HWY 642 & Cardiff Road (Twp. 554)

## SPEED CHANGE — 60 Km/hr

Enforcement Services will focus on awareness for the month of July with warnings being the first option. However, depending on individual situations, tickets may still be issued.

## HOCKEY CAMP

AUGUST 27 TO 29 (BETWEEN 5PM & 9PM)



**Player Development & Conditioning Camp:**

**COST: \$75.00**

**1.5 Hours on Ice per day**

**.5 hours conditioning per day**

**Ages 11 to 16**

**Skill Development Camp**

**Cost: \$60.00**

**1 hour on ice per day**

**Ages 6 to 11**

Did you Know?

Morinville has a  
**NEW population**  
of **9,402!**



The Town of Morinville is proud to announce the winners of a gift package from the Town for participating in the census contests.

**GUESS THE NEW POPULATION BY CENSUS EMAIL:**

Congratulations to Dick Bolivar who submitted the closest guess through the Census email.

**GUESS THE POPULATION THROUGH COUNCIL SOCIAL MEDIA:**

Congratulations to Misty Featherly who submitted the closest guess through Council Social Media.

**ONLINE CENSUS WINNERS:**

Congratulations to Shawna Dennis & Peter Zwolle as well as the Rondeau Family.

## SUMMER CAMP SERIES

Keep your child busy throughout the summer with many unique weekly themed camps. All programs run Monday through Friday from 9 am to 4 pm. Bring your snack and lunch each day. Each week includes activities like crafts, games, field trips and a lot of fun! Informational handbooks are available at the Community Services Office on the specifics of each camp.

**Back to Nature**

July 21 - 25 \$125/week

**Concoctions & Reactions**

July 28 - August 1 \$125/week

**Strings & Things**

August 5 - 8 \$110/week

**Game On**

August 11 - 15 \$125/week



Camps will be split into groups by age and ability, players may be asked to move to either group to ensure all participants develop to their full potential.



IN PARTNERSHIP WITH:

Developing Sport Excellence in Our Community

For Information Contact: [www.morinville.ca](http://www.morinville.ca)

Community Services 780.939.7834

Tyler Edworthy

[tedworthy@morinville.ca](mailto:tedworthy@morinville.ca)



# Interact Club returns from successful club trip to Mexico



## COLUMN Progressive Views

by Tristan Turner [tristan@morinvillenews.com](mailto:tristan@morinvillenews.com)

From June 28 to July 5, a group of seven MCHS students travelled to Puerto Vallarta, Mexico in the hopes of assisting local organizations that worked with low-income families, or built community engagement. These students travelled as the Morinville Interact Club, the separate youth-wing of the Morinville Rotary Club, and started planning for the trip in hopes of pursuing the goals of Rotary International: service, social justice and international citizenship. As President of the Morinville Interact Club, I hope to share some of the highlights from our trip and thank those who made our adventures possible.

While our first day (Saturday) wasn't very productive, it was important for our students – as well as our organizers – to take a day to acclimatize ourselves to our new environment. Scorching heat – from a Canadian perspective anyway – compounded by above 90 per cent humidity was quite a bit to adjust to. As soon as we exited our plane onto the tarmac, the feeling of 'Oh, it was definitely a mistake to go to Mexico in July' was palpable amongst us travellers. On this first day, we checked ourselves into our hotel and did our best to settle in.

On Sunday we attended a service at the La Fuente Church. While the Interact Club – and Rotary as a whole – is expressly non-religious, most of the students wanted to attend, and we felt it would be an excellent way to engage with the community and figure out how we could best assist in community building. Afterwards, we discussed with members of the church and started to get our footing when it comes to social and cultural differences that had to be appreciated during our trip. The rest of the day we spent at the Bucerias market, an area with shops and small restaurants. We chose to travel here because we wanted students to gain an awareness of their surroundings and the community they would be assisting. As well, many of the students came out of this excursion with new or improved bartering skills.

Monday was spent with the Familias de la Esperanza (Families of Hope), an organization that is working to open a large living/community centre for families that are currently living in shacks within and around a closed garbage dump. The new facility is a 70-unit housing and community learning center that will be capable of housing, teaching and feeding 500 people. The structure and most internal construction work is – for the most part – completed in the new centre; however, before the centre can be opened, Familias de la Esperanza is waiting for negotiations with partners to complete on who will bear certain costs for operating the building. The students were given a tour of the incredible facility, complete with a commercial kitchen (sponsored by the Rotary Club), community hall, teen centre, and classrooms for young children as well as adults to utilize. After the tour, we played soccer with a large group of teen boys that live near/in the dump. While – predictably – we were nowhere near as skilled as the local children were, it was incredible to have the opportunity to engage in the community in a way that was so universal in its appeal. After soccer, we played basket-



ball and fared considerably better than we did in soccer, no doubt thanks to having Alyson Benson – a skilled basketball player from our school – with us. While this was a lot of fun, and we were so glad to share a moment of community and camaraderie with local teens, joy quickly turned to sadness as we returned to our hotel. We drove back along the roads where many of the kids we just played with lived. The scenes were difficult to accept; starving stray dogs wandering listlessly, children wandering through garbage and families living in weak shacks that were smaller than the hotel rooms we were returning to. This experience forced the students to acknowledge realities of poverty and inequality that exist in our world, and after this trip I personally resolved to devote much of my life to resolving much of the economic issues that surrounds this stark reality.

Tuesday was spent largely at the Casa Hogar Orphanage where we played with many children who were in the age range of three to 10. We ran about the courtyard with the children, playing Frisbee, 'cops and robbers' and even played a ukulele that MCHS Valedictorian Kyrsti McDonald brought along with her. We had an incredible time with the children, so incredible that we decided to return once again later in the week. Later on that day, we travelled to a new church that is being established by the original La Fuente Church. Here, they were building a new park for the community to utilize, and we all pitched in moving sand underneath playground equipment and painting areas of the new church. Many who participated in the trip claimed this was their favourite moment of the journey, and I would most definitely be among them. We worked with local children who were thrilled to give a hand in the building of what would be their new park. Many kids came and helped us push wheelbarrows, shovel sand or whatever needed doing. While we knew little Spanish, and they little English, we ended up bonding with these children and laughed with them and got to know them as best we could, and by the end of the day, the children didn't want us to leave. Just as we left, many children brought us local fruit as parting gifts,



with some even began blowing kisses at our van as we drove back to our hotel.

Wednesday was known as 'Rotary Day' to our adventurers. We – somewhat begrudgingly – woke up early to attend a local Rotary Club meeting and witness how they operate compared to our Rotary Club of Morinville. On the day we attended, the role of President for the Club was handed over from one member to another, and we got to hear a translated version of their discussion on what their plans were for the coming year. Briefly, we each spoke to the club (a fair portion of the local members did know English) about what we traveled to Puerto Vallarta for, and what our plans were for the rest of the week, as well as introduce ourselves to their membership. We ended up realizing that in many ways their local club was identical to ours; they held their meetings in a very similar manner, they identified areas of community concern and acted on them (in the case of this club bringing proper roofing and fresh water to local schools), and they held the same international interest and focus that all Rotary Clubs share. This experience was enlightening, and we ended up exchanging contact information with some of the members of the local club so that we may hopefully do more work with them in the future, with many of them interested in starting an annual or semi-annual exchange with Vallartense teenagers and Morinville ones, an idea that we found equally exciting. Later that day we traveled to yet another La Fuente Church and helped to lay gravel on what would be a new area for children to gather during their summer children's services. This was not easy work, and many of us were near collapse at the end of the day, but we spread all but a small chunk of the gravel on what would be a new cornerstone in a small community outside of Puerto Vallarta.

Thursday we returned to Casa Hogar to once again play with the children there. We had even more fun this time, bringing along crayons and colouring books with us. Between our two trips, we brought with us useful items that we donated to the orphanage, including toiletries and movies for the children. These items were kindly donated by the Morinville Guardian Drugs, and all of us are incredibly thankful for their generosity. The children and staff at Casa Hogar were grateful for our time and our gifts, but we were just as grateful to have had the opportunity to meet them and spend our time with them.

Friday was our 'day off' so to speak, and after a week of working, playing soccer and running around with children, we needed a break. Many of us were surprised we survived the week's activities in such blistering heat, but we were so glad we had come along on this trip. By the end of our journey, the sentiment had changed from 'why did we come here, I'm going to die in this heat', to 'why can't we stay longer, I never want to return home'. Many of us celebrated that evening and got ourselves ready to leave at around noon the next day, exhausted and forever changed from our experience.

This trip was an incredible experience for all who attended, and I want to thank the students who came with me. We worked hard to raise the money that allowed us to attend, and we certainly worked hard once we arrived in Mexico, a place that many of us – myself included – had never been. While we didn't raise all of the money necessary to fund the trip, we got very close, raising \$6,000+ of our \$8,000 goal.

Next, I would like to thank our community and our donors that made this trip a reality. In particular, I would like to thank Chris and Tracey's No Frills for donating \$500 to our trip, as well as the Morinville Rotary for funding our transportation in Mexico (along with providing us fundraising opportunities along the way), and, of course, The Green Bean and Kelly's Bakery for hiring our club members to cater events – an opportunity that enabled us to work to fund much of our trip. Additionally, Sheldon Fingler of Infinite Event Services deserves thanks for giving us a discount in operating our school dance, a fundraising opportunity that pushed us much closer to our goal. Finally, our community as a whole must be thanked for donating bottles and buying frozen yogurt that made up much of our fundraising dollars for Mexico trip. To all of you, I offer my appreciation and thanks, and know that your support was well utilized and greatly treasured by our group of students.

Without our Interact Club organizers however, none of this could have been possible. I extend my gratitude to Kathy Sandmaier and Rosie Kruhlak for working tirelessly throughout our school year to organize our trip and support our fundraising initiatives. They have become great friends of mine throughout this process, and I am sure many future Interact Club groups will come to enjoy their leadership and support.



## Good Coffee - Good Friends - Good Times

It's Hot Outside

Come In For Some

LIQUID SHADE

We Have Ice Cream Floats and 2-4-1 Ice Tea



**HIGHER GROUNDS**  
ESPRESSO BAR

10019 - 100 Avenue Morinville

780.939.5154



Tues - Fri 8 a.m. - 4 p.m.

# Sobey's

## What's Cookin' Morinville?

**NVS** Neighbors Vitamin Shop  
Morinville Health Foods  
Your Local Health Food Store

This Week's Health Tip

Neem oil soothes  
prickly heat rash

780.572.1011  
10205 - 100 Avenue

@NVSHHealthFoods  
Visit Us On Facebook  
NeighborsVitaminShop.com

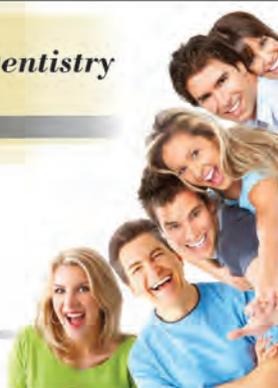
Mon-Fri  
10 am - 6 pm  
Sat 10 am - 3 pm  
Closed Sun  
& Holidays



### Family Dentistry

Dr. Ross Horricks  
Dr. Tim Barter  
Dr. Tamara Brown  
& Dr. Alex Brown  
(a dynamic wife and husband duo)

Phone 780-939-5224  
9701-100 Street Morinville AB



International Cuisine  
With An Italian Influence

Open Every Day  
Lunch: 11 am - 2 pm  
Dinner: 4 pm - 9 pm

*Bistro di  
Madre Piccola*

(Formerly Don's Bistro)

10015 100 Avenue  
**780.572.5545**  
Call Us For Reservations

## Food & Health Pages

# Meet the new nutrition powerhouse: Leafy Greens

by Michael Roizen, M.D.,  
and Mehmet Oz, M.D.

Heart-shaped leaves and a peppery punch make watercress a foodie favourite in salads, sandwiches and sautés. And recently, this leafy green won the World Cup of the fruit and vegetable world, running off with top ranking for its nutritional wallop. In a new report from New Jersey's William Patterson College, this underappreciated green and nine others nabbed the top 10 spots among 41 powerhouse fruits and vegetables. That's because of their ratio of nutrients (particularly vitamins C and K, iron, fibre, niacin, folate, riboflavin, other B vitamins and other phytochemicals) to calories; clearly, they all deliver more bang for your bite.

With summertime gardens and farmers' markets in full swing, there's no better time to say, "Move over iceberg, and hello wild and wonderful watercress," plus (Nos. 2-10) Chinese cabbage, chard, beet greens, spinach, chicory, leaf lettuce, parsley, romaine lettuce and collard greens. Adding them (and any other green you love,

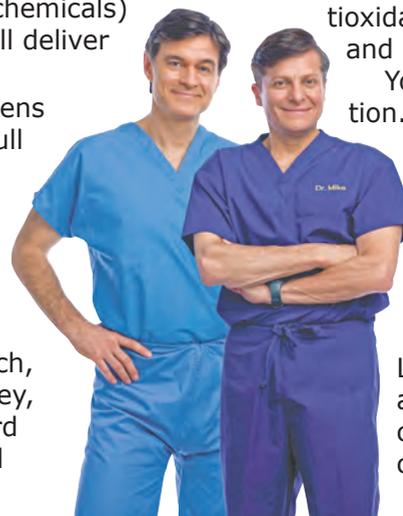
like arugula or kale) to your diet helps you achieve a younger Real Age.

You'll also lower your risk for diabetes. In one study, eating just 1 1/2 servings a day (the amount in a small salad) slashed risk for Type 2 diabetes by 14 per cent. Seems the greens' sugar-taming fibre, the fact that they're low-calorie but filling, and the magnesium and smidge of the good fat (alpha linolenic acid) they contain may help with healthy blood sugar processing.

You'll have a healthier heart. Leafy greens contribute mightily to the power of a veggie-rich diet to lower heart attack and stroke risk by a whopping 30 percent. One reason? Greens like spinach deliver a big dose of lutein, a chemical that revs up your cell's antioxidant defenses to cool inflammation and keep arteries clean and flexible.

You'll boost your cancer protection. Lots of leafy greens are members of the cruciferous family, which contain a unique group of sulphur compounds proven to help reduce risk for cancers of the mouth, throat, larynx, esophagus and stomach.

You'll help protect your eyes. Like microscopic sunglasses, lutein and zeaxanthin — the phytochemicals found in kale, spinach and collard greens — help protect cells



**Sobey's**  
MORINVILLE  
Better food  
for all.

10003 - 100 St. Morinville 780.939.4418

### Tequila Lime Habanero Chicken Kabobs

1/2 cup (125 mL) Sensations by Compliments  
Tequila Lime Habanero Sauce  
2 tbsp (30 mL) fresh lime juice  
1 tbsp (15 mL) honey  
4 boneless skinless chicken breasts, cut in 1-in. (2.5 cm) cubes  
2 avocados, pitted, peeled and cut in 1-in. (2.5 cm) cubes  
1/2 red onion, cut in 1-in. (2.5 cm) wedges  
2 tbsp (30 mL) sesame seeds  
1/2 cup (125 mL) fresh cilantro leaves  
8 metal skewers

#### Add All Ingredients

1/Preheat grill to medium-high. In a bowl, whisk together habanero sauce, lime juice and honey. Place chicken in a large bowl; pour half of the marinade over top. Toss to coat. Refrigerate for 1 to 4 hours.  
2/For each skewer: Slide 1 onion wedge onto skewer to within 2-in. (5 cm) of base. Add 1 chicken cube, 1 avocado cube and 1 onion wedge; repeat 3 times.  
3/Place kabobs on well-oiled grill. Close lid and grill for 8 to 10 min., turning twice and brushing with remaining marinade. Remove kabobs to a serving platter; sprinkle immediately with sesame seeds and cilantro.

**RECIPE**  
of the week

OPEN DAILY: 8 a.m. - 11 p.m.

## Food & Health Pages

in your eyes from the sun's damaging ultraviolet rays. This can lower your risk for age-related vision robbers like cataracts and age-related macular degeneration.

You'll boost brain power. Folate, a B vitamin found in leafy greens (and some other produce), is famous for helping moms-to-be deliver healthier babies and prevent brain defects. Turns out folate keeps adult brains tuned-up, too.

Ready to dig in? Here are some easy ways to dish the green:

**Put salad on your daily to-do list.** A big bowl of greens — we like mixing baby spinach, kale and spicy arugula with romaine and other lettuces — is a great way to get your daily quota. It counts as several veggie servings (one of Dr. Mike's secrets for getting nine a day!), is easy to toss together (wash right before use) and tastes great. Add good fats to your bowl with olive oil vinaigrette, plus a scattering of nuts, especially walnuts (they have the most omega-3s), seeds and some avocado. Those fats boost absorption of nutrients.

**Make salad your choice for late-night noshing, too.** Sneak powerhouse greens into unexpected places. Put arugula or spinach on your sandwich; try a bed of lightly sautéed greens underneath grilled salmon, chicken or veggies; and add a couple of handfuls of baby spinach or kale to soups, stews, chili or other veggie side dishes.

**Try something new.** Love iceberg lettuce? Give mixed greens a try. If you eat a lot of spinach, check out kale (we love tender baby kale). Into kale already? Try using assertively flavoured mustard, collard or turnip greens instead.

**Drink up.** Make an easy green drink by whirling apple slices, cucumber and kale or spinach (watercress is good too!) in your blender. Or make it fancy by adding celery, carrots, fresh mint, and one quarter of a fresh orange, lemon, lime and pineapple — a Dr. Oz favourite.

*Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit [www.sharecare.com](http://www.sharecare.com).*

© 2014 Michael Roizen, M.D. and Mehmet Oz, M.D. Distributed by King Features Syndicate, Inc.

## Health Minister launches online consultations on nutrition labels

by Morinville News Staff

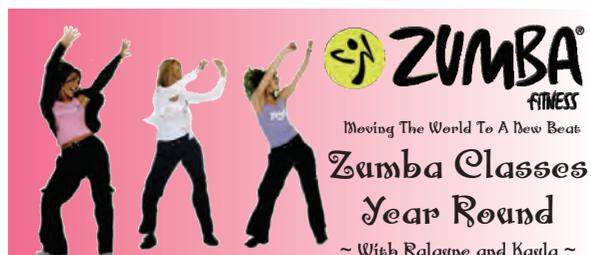
Federal Minister of Health Rona Ambrose launched a series of online public consultations last week on proposed changes the federal government believes will improve how nutrition information is presented on product labels.

The changes will affect formats for the Nutrition Facts table, ingredient lists, nutrient lists, and the presentation of the Daily Values derived from the food product. Additional proposed changes would group sugars together to provide consumers with a clearer understanding of how much sugar is in the product, and serving sizes would be more in keeping with the amounts Canadians actually eat in one sitting.

The online consultations follow a series of one-on-one consultations Minister Ambrose held with women across the country earlier this year, including visits to Gibbons and Morinville in mid-March.

At that time Ambrose said the government initiative was prompted by rising and alarming rates of childhood diabetes, alarming rates of childhood obesity, and heart issues appearing in younger and younger Canadians. The Minister expressed her concern that the current label was not giving people enough information about how to make a healthy choice. The cross-country consultations ended in April and were followed by a What We Heard report in June; a document that reflected the feedback received from Ambrose's consultations as well as those of the Canadian Food Inspection Agency's Food Labelling Modernization Initiative.

The online consultations will run until Sept. 11, 2014, and can be accessed at [http://www.hc-sc.gc.ca/ahc-asc/minist/messages/\\_2014/2014\\_07\\_14-eng.php](http://www.hc-sc.gc.ca/ahc-asc/minist/messages/_2014/2014_07_14-eng.php).



**ZUMBA®**  
FITNESS  
Moving The World To A New Beat

**Zumba Classes**  
Year Round  
~ With Ralayne and Kayla ~

**Morinville Schedule**  
Notre Dame Elementary  
Tues and Thurs 7:45 - 8:45 pm  
Saturdays 10:30-11:30 am

ralaynegood@me.com  
**780-919-5537**



**More Than One Reason To Love Fridays**

Morinville  
**Farmers' Market**

Champion Petfoods®

**EVERY Friday**

**Arena Parking Lot (9908 – 104 Street) 12 - 5 p.m.**



**blind designs**  
Warm Your Windows

Custom Blinds, Shades and Shutters

Competitive Prices With Superior Customer Service

780-722-9992  
bdesigns@telus.net  
[www.blinddesigns.hunterdouglas.ca](http://www.blinddesigns.hunterdouglas.ca)

# Gardeners batty about bats

by Morinville News Staff

**Morinville** – Backyard bats were the topic of a Morinville Community Gardens workshop held July 15 at the United Church gardens. The local gardening enthusiasts brought in Alberta Environment and Sustainable Resource Development bat expert Dr. Margo Pybus to host a session on bats in general and building bat houses in particular. More than 20 residents attended the session, some to learn about bats, others to get down to the task of building their own bat houses.

Morinville Community Gardens Education Coordinator Paula Collins organized the evening session to have Pybus speak about bats and the myths related to them. Pybus is a provincial disease specialist who leads high profile provincial wildlife disease surveillance and management programs and has written extensively about bats.

Collins and her fellow community gardeners argue bats are an integral part of the ecosystem, nighttime flyers capable of consuming more than 600 mosquitos and other pests per hour. They believe building a bat house in the backyard encourages bats to make a home in the community, thereby controlling mosquito and other pest populations.

While their bat expert provided general information on bats and their importance to the ecosystem, and dispelled a number of myths about them, participants who registered early had the opportunity to build a bat house to use in their own yards.

Participants learned it is important to place bat boxes in a elevated sunny location, preferably high up on a pole or in a tree that does not have a lot of branches below the box.

The Alberta Environment and Sustainable Resource Development website lists nine bat species present in Alberta, three of which are likely to take up residency in a backyard bat house.

Those who missed the July 15 event can learn about bat houses by visiting [esrd.alberta.ca/fish-wildlife/wild-species/mammals/bats/default.aspx](http://esrd.alberta.ca/fish-wildlife/wild-species/mammals/bats/default.aspx).



Clockwise from top: Approximately 20 residents attended a bat workshop at the Morinville Community Gardens garden at the United Church July 15. Brian Johnston builds his bat box. Dr. Margo Pybus spoke to the audience on bat myths and answered questions. Brody and his father Eric Pybus working on their bat house. - Lucie Roy photos



## Can you give this animal a loving home

Hi, everyone. My name is Emily. I was found in a cardboard box with my seven kittens. Thomas, Percy, James, Henry, Annie and Clarabelle. Do the names sound familiar? You betcha. We were named after characters on Thomas the Tank Engine. I am a timid girl when you first meet me because I have had such a stressful beginning, but I am quickly learning that the girls at the clinic are great. They bring me food and play with me and brush my long luscious locks. If you would like to get to know me, just ask for Emily the momma cat. You won't be able to resist my charm.

9804-90 Avenue, Morinville - 780-939-3133

This Adopt-A-Pet  
Feature is possible  
through a community  
partnership between

MORINVILLE  
NEWS

MORINVILLE  
VETERINARY  
CLINIC

## News From the Town of

**LEGAL**

## Legal planning for its Centennial

by Lucie Roy

The Town of Legal will hold their centennial celebrations Sept. 5 to 7, and held a press conference Friday morning to announce a few details about the plans for that event. Some of the weekend's activities include a concert with country singer Aaron Lines, military displays, an on-site museum of Legal's history, family games, and fireworks.

Mayor Ken Baril said he is really excited with the events planned for the town's centennial and said they will be inviting all the founding families, acknowledging previous mayors and providing a week-end-long celebration with many family events. "Community is not community without family," Mayor Baril said.

Centennial Planning Committee Chair Wilma Weiss said her committee is also excited to recognize and acknowledge Legal's military presence because 2014 marks the 100<sup>th</sup> anniversary of Princess Patricia's Canadian Light Infantry (PPCLI) and the 100<sup>th</sup> anniversary of the start of World War I.

Incorporated as a village on Feb. 20 1914, Legal was granted town status by the province Jan. 1, 1998. In 1994 the parishioners of Legal celebrated the centennial anniversary of the November

## Fête au Village to celebrate heritage

by Stephen Dafeo

When the gates of Citadel Park open Friday night, they open for a community festival that has existed for more than half of Legal's 100-year history. Fête au Village celebrates its 52<sup>nd</sup> edition this year and organizers are eager to celebrate the community's heritage this weekend to tie into the Town's centennial celebrations taking place Sept. 5 to 7.

"This is Legal's 100<sup>th</sup> anniversary this year. Our theme for our celebration is Celebrating our Heritage," said Committee President



Legal Mayor Ken Baril, Centennial Planning Committee Chair Wilma Weiss, and Town of Legal CAO Robert Proulx were presented a \$1,000 cheque from Dora L'Heureux on behalf of Fortis Alberta Friday morning. The donation will go towards the Legal 100<sup>th</sup> anniversary celebrations to take place Sept 5-7. - Lucie Roy photo

1894 arrival of the first two pioneers in Legal: Mr. Theodore Gelot and Eugene Menard. Those first settlers had read a pamphlet on colonization published by Morinville's founder, Father Jean Baptiste Morin, and decided to come and visit the region north of Morinville. Father Morin would make his first trip to Legal in 1898.

The community has come a long way since those days, and Legal's Chief Administrative Officer Robert Proulx said he was thankful to the past mayors and staff that lead the community to the "nice, clean family-oriented town" it is today. However, it hasn't been elected officials and employees that have built the community alone. "Volunteerism is huge," Proulx said. "We are very fortunate."

The press conference included a \$1,000 cheque presentation to the Centennial Planning Committee from Dora L'Heureux, Stakeholder Relations Manager, Customer Service on behalf of Fortis Alberta.

Fred Mallot, adding the longevity of the annual fête is the result of community pride in the event.

The event kicks off Friday night at 6:30 p.m. with the children's Mini Parade on Main Street, followed by an evening of events in the park. Saturday offers a full day of activities, starting with a pancake breakfast at 7 a.m. and running until the Oilcity Sound Machine finishes playing around 2 a.m. Sunday. Saturday highlights include the fête parade at 10:30 a.m., a show and shine, a variety of children's activities running from 11:30 a.m. until 4 p.m., and the annual demolition derby, the latter with a twist this year.

"This will be the first time that the demolition derby will include trucks," Mallot said. "People are running into a problem trying to find older cars that they can smash up. The cars are starting to get a little more expensive, so people have switched over and we are going to be going with trucks."

# The Week

Here's some of what our cameras caught around Town between July 14 and July 20.

IN PHOTOS

Photos by Lucie Roy



MONDAY



**Clockwise from left:** A moth rests on a plant at the Morinville Community High School garden. The garden is in full bloom. Town of Morinville Seasonal Workers Katie Carter and Mallory MacDonald taking care of the planters around town. Michelle Rheubottom speaking to the Summer Camp students before giving them a tour of the garden at Champlain Park on Monday afternoon.

## Face 2 Face with Local Businesses

**Celebrating 25 Years**

**NOW WIRING!**  
**Electric Troubleshooting, Alterations and Repairs**

**780-939-3933**

**Office Genie**  
*Celebrating 4 years in business!*

**SAVING BUSINESSES TIME & MONEY**

Full Cycle Bookkeeping    Desktop Publishing  
 Administrative Services    Word Processing  
 Transcription    Event Planning & Support

REMOTE & ON-SITE SERVICES AVAILABLE    www.officegenie.com  
 780.720.7581

**Putnam & Lawson**  
**LAW OFFICES**

**ACCIDENT INJURY**  
**WILLS & ESTATES**  
**REAL ESTATE**  
**MATRIMONIAL**

**GIBBONS 780.923.3500**    **MORINVILLE 780.939.2001**

**It's Your Gym**

**The BodyShop**  
 Fitness Facility

**Downtown Morinville 780-939-0220**

**Investors Group**  
*Investors Group Financial Services Inc., I.G. Insurance Services Inc.\**

**Joel Chevalier** — B.A., B.Ed **CFP Consultant**

9805 - 100 St. Morinville, AB T8R 1R3  
 Ph. 780-939-3994  
 Fax 780-459-4321

joel.chevalier@investorsgroup.com

*\*License Sponsored by The Great-West Life Assurance Company*

**Mike's Barber Shop**  
 780 572 5055 9809 100 Street Walk-Ins Welcome

Mike invites you to come try Morinville's newest barber shop

**Mon - Fri 9:30 - 6**  
**Sat - 9:30 - 5**

**TUESDAY**



**THURSDAY**



## Line down

Captain Joel Houle of the Morinville Fire Department was called to 101 Avenue and 103 Street Thursday afternoon for a downed powerline. Power was out in most of the community for about an hour while Fortis Alberta restored the line.

- Stephen Dafoe photo



**SATURDAY**

## Light change

Alberta Transportation activated the lights in a flashing configuration. Yellow north and south, red east and west. It is anticipated the lights will be fully activated on their cycles by midweek.

Pat Allen and Ben Busko took their turns at a game of washer toss at Heritage Lodge July 15. Mary Benson, Heritage Lodge's program coordinator, retrieved the washers and calculated total points per toss.

- Lucie Roy photos

# Face 2 Face with Local Businesses

**THE Flower Stop & Gift Shop**

- Excellant Service
- Fresh Flowers
- Fresh Gift Ideas

9918 104 Street Morinville 780.939.3440

**GARRY'S HEATING SERVICES** 24 hour emergency service

- Furnace Repairs & Replacement
- Residential Furnace & Sheet Metal Installations
- Air Conditioning Systems
- Air Cleaners
- Humidifiers
- Hot Water Tanks
- Water Softeners
- Duct Cleaning

TRANE BBB MasterCard VISA

garrysheatingservices.com 780.459.4919

**ROTARY SUPER SIX RAFFLE**

6 SUPER PRIZES!  
Only 3000 tickets  
Only \$20/ticket

**ROTARY CLUB OF MORINVILLE SUPER SIX LOTTERY 2014**

Congratulations To **Ed Tappauf** camcorder winner

Tickets are available at

- RV City
- Home Hardware
- Sobeys
- Servus Credit Union
- Any Rotarian
- Any Interact member

Chris & Tracey's **nofrills** lower food prices

nofrills.ca

**WON'T BE BEAT**

If you find a cheaper price, simply show us and we will match.

**FROMENT HIROPRACTIC CENTER**

**Serge R. Froment, D.C.**  
Doctor of Chiropractic  
Exceeding above and beyond your health expectations

10405 - 100 Avenue, Morinville, AB T8R 1S1  
Phone: (780) 939-3885 froment@telus.net

**Dr. Darren Romanowski & Dr. Dan Nosyk**  
General Dentists

**Family & Cosmetic Dentistry**

10407 - 100 Ave.  
Morinville, AB  
780.939.1288

Located next to the Flower Stop on Main

# Arts & Culture

Sponsored by J.M. Turner Goldsmith

## Puppets and song coming to town

by Morinville News Staff

Children's entertainers Peter and Mary will perform at the Morinville Community Library Aug. 6. The couple promises to combine ventriloquist puppetry, magic, and loads of live music into their hour-long Eureka show, pulling from a repertoire of approximately 3,500 original and cover songs and working in plenty of elements that will amaze their audience.

"The theme for libraries this year is Eureka, so there will be plenty of things to amaze and delight young children," said Peter Jansen, the Peter half of Peter and Mary. "Involvement with the children is the key aspect of this and all our performances, and we look forward so much to our appearance in Morinville."

Peter and Mary have had a busy summer thus far. They performed 30 shows with Thomas the Tank Engine in Calgary, have done two shows for the Valley Zoo and two for the Muttart Conservatory in Edmonton, performed Fort Edmonton Park's grand opening, and just returned from the Junior Forest Wardens of Canada's National Camp in Meadow Lake Provincial Park, Saskatchewan.

Starting with successful independent careers in the



United Kingdom in the 1970s, the duo went on to build a career playing festivals, trade fairs, community concerts, conventions, major resort hotels, and even cruise-ships. The couple have also released two CDs: Flying High for Kids, and Sweet Rocky Mountains.

Avid environmentalists for the past 15 years, Peter and Mary have included that message in their musical school shows themed to Canadian history and environmental friendliness. "One of our songs is called 'Kindness',

and talks about the 3 Ks - kindness to the planet, kindness to each other, and kindness to oneself (also very important)," Jansen said. "This would be the philosophy we bring to this show, and to life in general. For many years we coordinated the Earth Day Festival in Edmonton and try to bring the principles of treading a little lighter on the Earth to every single thing we can."

Peter and Mary's Eureka Show show takes place Aug. 6 at 10:30 a.m. Admission is free for those registered with the Summer Reading Program, \$3 for those who are not registered. Preregister for the show by Aug. 4 is required.

 J. M. Turner   
**GOLDSMITH** INC.

9602 - 100 St. Morinville • 780.939.3920 • fax: 780.939.3917 • jmtinc@shaw.ca

Mon. Tue. Wed. Fri. 10 a.m. - 5:30 p.m.  
Thur 10 a.m. - 7 p.m.  
Sat Closed

Please Note We  
Will Be Closed  
Saturdays For  
The Summer

Bring this  
Coupon for  
25% off one  
in stock item.

**25%**  
off

One coupon per customer.

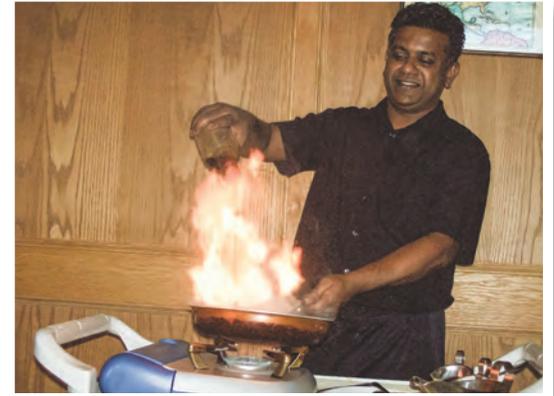
# Our Morinville & Area

**Our Morinville & Area** is an opportunity to view life through our community members' lenses. Photos can be taken in Morinville and the surrounding communities in Sturgeon County or even cool photos from places our readers have visited. The photo pages are wide open on possibilities. Each month we will select one photo as the choice of the month. That reader will receive a \$100 Shop in Morinville gift certificate. They pick the Morinville News advertiser and we lay down the cash in the form of a gift certificate. Send your **high-resolution photos to [editor@morinvillenews.com](mailto:editor@morinvillenews.com)**.



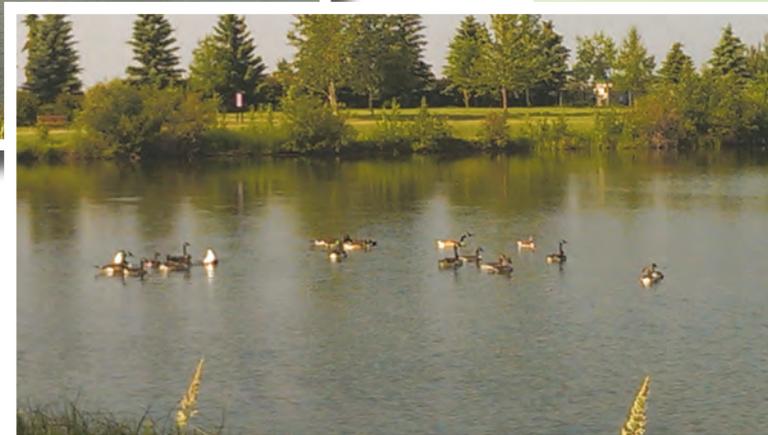
## Variations on a theme

Ty Alderman Brown sent in these three shots of blue skies and golden canola fields for our judges' consideration.



## Flame on!

Joann Deveau sent in these two shots of Bistro de Madre Piccola co-owner Deepthi Pelenage putting the flames to an order of Bananas Flambe, one of the restaurant's dessert specialties. The photos are all that remain of the dessert, Joann assures us. Bistro de Madre Piccola is located on 100 Avenue, across from St. Jean Baptiste Church and she recommends it highly.



## Pond life

Doris Jolicoeur sent in these two shots of wildlife on still waters at the Morinville Fish and Game Association pond.

# Brent Melville's Remax SPORTS REPORT



## Town key partner in 20<sup>th</sup> anniversary Tour de l'Alberta



by **Tristan Turner**

The Town of Morinville is partnering with the Edmonton Bicycle and Touring Club (EBTC) to bring the 20<sup>th</sup> Anniversary of the Tour de l'Alberta - the largest single day bike tour in Alberta - to Morinville on July 27. The event was created as homage to the world renowned Tour de France, and travels through many historically French communities in the area. According to the tour's website, the EBTC seek to "celebrate the Tour de France, our strong French Heritage, and cycling in general" with the popular event that saw

more than 1,500 participants in 2013.

Allen Jacobson, Community Development Coordinator at the Town of Morinville, believes the event will have yet another large showing, and that the tour will have a positive impact on the community. "The event [Tour de l'Alberta] used to be hosted by St. Albert, but we moved it here about six or seven years ago, and it's a really wonderful, positive event," he said. "We're hosting it, and the Town has taken more of a partnership role this year, in the sense that it's an opportunity to celebrate the community and raise the Town's profile, I believe." Jacobson



**Above left:** The Tour de l'Alberta features a 185-km, 150-km, 100-km and 50-km rides, as well as 15-km and 5-km runs for families and children.

- Morinville News File Photo

**Above:** Allen Jacobson poses on a bike beside the Town of Morinville's Tour de l'Alberta display.

- Lucie Roy Photo

said people come from across Alberta, Western Canada, even some-one from Hong Kong came to the event last year. "We didn't want the Tour to diminish too greatly in size, scale and scope, and so we were approached by the Bike Touring Club [EBTC] to partner with them, and we thought it was a great idea," Jacobson said. "It's a chance for the Town of Morinville to be recognized... and it's a great event that brings 1,500 people or so into our community."

The event has six different routes, including a 5-kilometre kid's ride, a 15-km family ride, 50-km and 100-km beginner/intermediate rides and 150-km and 185-km rides for more experienced cyclists. All routes start and finish in Morinville, with the higher-tier routes travelling through Legal, St. Albert, Bon Accord as well as Alcomdale, Westlock, and St. Albert. The Tour includes rest/aid stations as well as complimentary meals and entertainment after cyclists complete their routes. Both the 5-km and 15-km routes are completely free, and residents can register by calling Community Services at 780-939-7839. All other routes have fees associated with them with special rates for young participants aged 12-17, and registration for the routes is open until July 22. Anyone interested in participating in the 50km, 100km, 150km or 185km routes can visit [www.tourdalberta.ca](http://www.tourdalberta.ca) for more information on how to register.



by Chris Richcreek

1. Who was the last rookie shortstop before Pete Kozma in 2013 to start for the St. Louis Cardinals on Opening Day?

2. Name the last pitcher before the Los Angeles Dodgers' Clayton Kershaw (2011-13) to lead the majors in ERA for three consecutive years.

3. In 2012, Washington's Robert Griffin III became the fourth NFL quarterback since 1970 to rush for 800 yards in a season. Name two of the other three.

4. How many Final Fours has the Ohio State men's basketball team reached since the Buckeyes' last championship in 1960?

5. Mike Babcock set a record in 2014 for most career coaching victories for the Detroit Red Wings (415). Whose mark did he pass?

6. Who was the captain of the U.S. men's World Cup soccer team in 2002 and 2006?

7. Name the last American male before Meb Keflezighi to win the Boston Marathon.

Quiz Answers: 1. Ray Busse, in 1973. 2. Atlanta's Greg Maddux (1993-95). 3. Randall Cunningham (1990), Bobby Douglas (1972) and Michael Vick (2004, 2006). 4. Six times, the last in 2012. 5. Jack Adams (1928-47), with 413. 6. Claudio Reyna. 7. Greg Meyer, in 1983.

(c) 2014 King Features Synd., Inc.



**Brent Melville**  
Cell 780-699-2903



**Janine Hurtubise**  
Cell 780-983-6670



**Ashley Ermantrout**  
Cell 780-221-0620

Each office independently owned and operated

## Brent Melville

**780-939-1111 direct 780-699-2903**

10018 - 100 Ave. Morinville, AB T8R 1P7

### Gorgeous Yard & A/C

**\$447,900**

**8110 97 Street**

1,840 sq. ft. 2-Storey with 4 bedrooms, 4 Bathrooms. Upstairs you will find 3 bedrooms, bonus room with gas fireplace. Kitchen with corner pantry & tons of cabinets, large island, open concept comes with all appliances. Central Air and Hunter Douglas blinds. Great yard, maintenance free deck for all your summer entertaining.



### Great Location

**\$479,900**

**10506-95 Street**

2,030 sq. ft. 2 Storey, 4 bedrooms, 4 Baths Large kitchen with granite and main floor laundry. Master Bedroom has 5pc en-suite and seating space with fireplace. Heated attached oversized garage, fully finished basement/in floor heat. Great yard, maintenance free deck and backs onto lake.



**Buying or selling?** Let the **BRENT MELVILLE TEAM** of dedicated & qualified Real Estate Professionals look out for your best interests.

Our mission when you hire **THE TEAM** is to provide outstanding service and education on every level so that every client has **THE TEAM** behind them to ensure a positive real estate experience. Why have one agent when you can hire a team!

**#1 Team in Morinville for the past 10 Years**

**Registered with Brookfield & IRP Approved Agents!**

IRP Approved Agent. Registered with the Brookfield Global Relocation Services



**CHECK OUT OUR LISTINGS at [remax.morinville.ab.ca](http://remax.morinville.ab.ca)**



## Library Corner

Happenings at the Library this week...

Click on **EVENTS** on our website for all the new programs at the Library!  
www.morinvillelibrary.ca

## Eureka!

### TD Summer Reading Program

Register Today!

Session 2: July 28th - August 15th  
Crafts - once a week - 3 sessions to choose from!

COST: 3 Weeks \$20 per child  
1 Week \$10 per child

or Drop-in for Crafts or Entertainer \$3 per child  
Register at the Morinville Community Library

### Peter & Mary Concert

Wednesday, August 6th 10:30 am

Library program room—see website for more details!

### Cozy Corner Stories

Friday, July 11th 10:30 am in the library program room  
Check our website for more information on the above events.

### NEW! HOOPLA

Downloadable videos, music and audiobooks



10125 - 100 Ave.  
Morinville, AB T8R 1P8

Phone: 780-939-3292  
Fax: 780-939-2757

info@morinvillelibrary.ca

### Hours of Operation

Monday - Thursday 10 a.m. - 8 p.m.

Friday 10 a.m. - 6 p.m.

Saturday 10 a.m. - 4 p.m.

Sunday 12 p.m. - 4 p.m.

www.morinvillelibrary.ca

## TRIVIA TEST by Fifi Rodriguez

- 1. GEOGRAPHY:** What sea lies just west of Rome, Italy?
- 2. ANIMAL KINGDOM:** What is the average lifespan of an adult housefly?
- 3. MOVIES:** What 1999 movie with Brad Pitt featured the tagline "Mischief. Mayhem. Soap."?
- 4. MEASURES:** How much beer would a firkin hold?
- 5. MYTHOLOGY:** What area of life did the Roman goddess Discordia rule?
- 6. BIBLE:** Which one of the Ten Commandments forbids coveting?
- 7. U.S. CITIES:** What is the capital of Vermont?
- 8. GENERAL KNOWLEDGE:** What is North Korea's basic currency?
- 9. HUMAN ANATOMY:** Where are the tarsi located?

(c) 2014 King Features Synd., Inc.

## The Spats

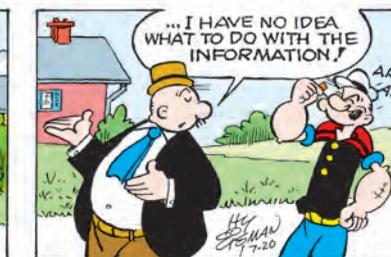
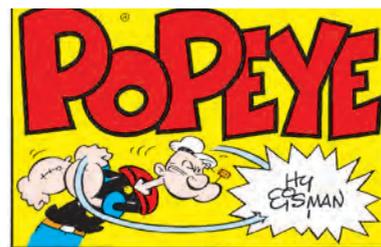


by Jeff Pickering

## Amber Waves



by Dave T. Phipps



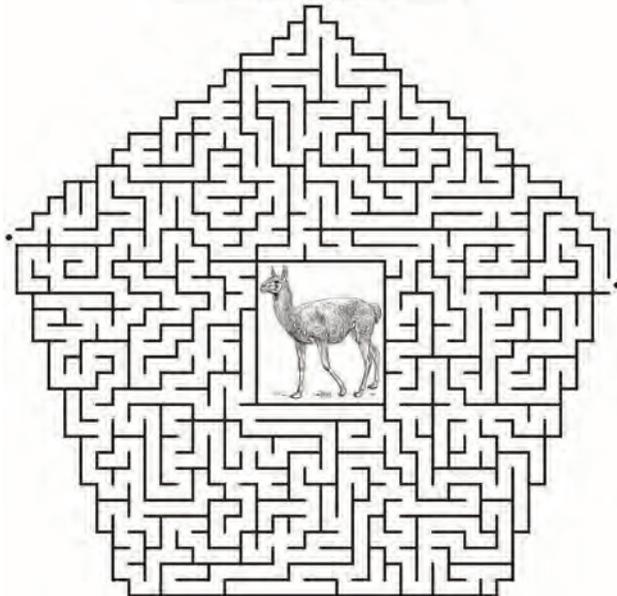
Trivia Answers: 1. Tyrrhenian Sea 2. Two to four weeks 3. "Fight Club" 4. About 9 gallons 5. Strife 6. Tenth Commandment 7. Montpelier 8. The won 9. Ankles

# Linda Getzlaf

## GETZ YOU THINKING! This Weekly Puzzle Page Sponsored by Linda Getzlaf

### Mega Maze

©2014 King Features Syndicate, Inc.



### Weekly SUDOKU

by Linda Thistle

1	5		6				2
		4			1	3	
	8			4			7
2				1		6	
		6	7				9
	9				3		8
7					5	2	
		2		8			7
	4		1				8 6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate    ★★ Challenging  
 ★★★ HOO BOY!

© 2014 King Features Synd., Inc.

Preferred Rates courtesy of  
 MYRON MORITZ, Mortgage Advisor



Term	Our Rates	Scotia Bank	RBC (posted rates)	Servus	ATB
1 Yr	2.89	2.99	3.14	2.99	2.94
2 Yr	2.59	2.64	3.04	2.99	2.89
3 Yr	2.79	2.79	3.75	3.09	2.99
4 Yr	2.77	2.84	4.54	3.49	3.04
5 Yr	2.99	2.99	4.94	3.49	3.29
5 VAR*	2.40	3.20	3.00	2.70	2.70

Prime Rate 3.00

BOC Qualifying Rate 4.79

\* 5 VAR = 5 Yr Variable. Rates shown as Posted on July 15th, 2014. Rates subject to change without notice. All rates deemed accurate but not guaranteed.

5% Borrowed Down payment still available – Call Today!

**(780) 705-5912**  
[myron@mortgagetailors.com](mailto:myron@mortgagetailors.com)

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



Bob Schwab

"It's not easy being married to an efficiency"

Obsess  
**TEAFIX**

Tally  
**OSCAR**

Scare  
**FIRTYPE**

Entire  
**LOTTA**

TODAY'S WORD

My Listings



Download a QR Reader for your smart phone, then scan the QR Code

Office Listings



**RE/MAX**<sup>®</sup>  
 Real Estate<sup>®</sup>

Each Office Independently Owned and Operated

**780-690-3861**

Bus: 780-939-1111

[www.lindagetzlaf.com](http://www.lindagetzlaf.com)

[lindagetzlaf@gmail.com](mailto:lindagetzlaf@gmail.com)

**IRP APPROVED AGENT**

Registered with the  
 Brookfield Global Relocation Services



**ATLAS**  
PREMIUM HOME DEVELOPMENT

✓ AFFORDABLE CUSTOM  
QUALITY HOME BUILDER

✓ FREE 3D HOME DESIGN  
CONSULTATION

Quality built homes that include all the little things

AtlasPremiumHomes.ca 780-719-3757

It's time you hired a Professional!

**PROFESSIONAL**  
REALTY GROUP

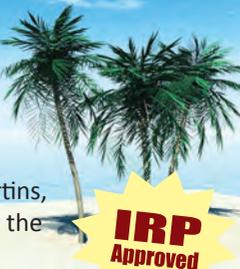


780.939.2772 fax 888.501.4071

Your full-service real estate team!

Win \$2000 In Travel Bucks

Anyone who buys or sells between July 1 and Sept. 30 in Sturgeon County will be entered into a draw for accommodations and up to \$2000 flight credit to St. Martins, Mexico, Las Vegas, Florida or the Dominican Republic. \*



\*Travel must take place before Dec. 15, 2014

\*Subject to availability. No purchase necessary. Alternate entry method is to visit five Professional Realty Open Houses.

**Professional Realty Group is dedicated to providing ALL the services you need!**

**DON SUMMERS** CD, SRS  
REALTOR®/Associate

780.237.4718 don@professionalgroup.ca

**DORIS JOLICOEUR** CD, ABR, CCSP  
Associate Broker/REALTOR®/Mortgage Associate  
780.278.4717 doris@professionalgroup.ca

**VERICO** Stage *then* Sell  
Brokers for Life Inc. Home Staging

Win a 5-star vacation for 2 to Las Vegas  
(No purchase necessary. Ask for details)

It's time you hired a Professional!

# FÊTE AU VILLAGE

FRIDAY & SATURDAY JULY 25-26, 2014  
LEGAL, ALBERTA

## CELEBRATING OUR HERITAGE

La ville de Legal, fière de ses 100 ans!

CENNTENIAL CELEBRATION - SEPTEMBER 5-7

### FRIDAY JULY 25TH

6:30 p.m. Mini Parade (Main Street)  
7-12am Fun In The Park (Ctadel Park)  
7:00 p.m. Iron Chef Competition  
Pre-Register by calling 780-961-3773  
7:00 p.m. Family Baseball Tournament  
7:30 p.m. Soapbox Fun Derby  
Pre-Register by calling 780-961-3276

FREE Family Fun In The Park

Hot Dogs  
Sponsored by Fête au Village Committee  
Kabobs  
Sponsored by Legal Super Mart  
Ice Cream  
Sponsored by Servus Credit Union  
Outdoor Dance—Games & Prizes  
Clowns & Train Rides  
Beer Gardens

### SATURDAY JULY 26TH

6:45am Gates Open  
7-9:30am Pancake Breakfast  
8:00am Family Baseball Tourny  
10:30am Parade (Main Street)  
11-2pm Farmers' Market  
11-3pm Show & Shine  
11:30-1am Beer Gardens  
11:30-1:30pm Train Rides (1 ticket)  
11:30am Quarter Carnival & Face Painting (Arena)  
11:30am Caricaturist (Arena)  
11:30-1pm Reptile Experience (Arena)  
11:30-1pm Missy Piper - Clown  
11:30-2:30pm Balloon Twisting  
12-4pm Pony Rides (3 tickets)  
12-4pm Petting Zoo  
12-4pm Bouncy Castle (1 ticket)  
12-4pm BINGO (Gazebo)  
12-8pm Mechanical Bull Rides  
12:30pm Coin Dig  
2:30pm Demolition Derby  
3-8pm Horizontal Bungee (3 tickets)  
5pm Beef Roast Dinner  
6:30-9:30pm Various Local Talent  
10-2am Oilcity Sound Machine  
DARK Fireworks

### VENDREDI ~ 25 JUILLET

18h30 Mini défilé (rue Principale)  
19h00- Divertissements pour toute la  
19h00 Famille Minuit (Parc Citadelle)  
19h00 Tournoi de baseball famille  
19h00 "Compétition Iron Chef"  
(35/personne)  
19h00 Derby de caisses à savon

vendredi soir divertissements dans le parc

Hot dogs  
(commandité par le comité de la Fête au Village)  
Brochettes  
(commanditées par Legal Super Mart)  
Crème glacée  
(commanditées par Servus Credit Union)  
Clown et Randonnées en petit train  
Jeux et prix  
Bar à bière sur la terrasse  
Danse en plein-air

### SAMEDI ~ 26 JUILLET

6h45 Ouverture du site  
7h00-9h30 Déjeuner de crêpes  
8h30 Tournoi de baseball en famille  
10h30 Parade  
11h00-14h00 Marché fermier  
11h00-15h00 Expo auto-brille  
11h30-1h00 Bar à bière sur la terrasse  
11h30 Randonnées en petit train  
11h30-13h30 Jeux de fête foraine à 25 cents  
et maquillage (Aéna)  
11h30 Caricaturiste (3 billets)  
11h30-13h00 Expérience reptile (Aéna)  
11h30-13h00 Missy Piper le clown  
11h30-14h30 Artiste d'animaux en ballon  
12h00-16h00 Mini-zoo  
12h00-16h00 Jeux gonflables (1 billet)  
12h00-16h00 Promenades en poney (3 billets)  
12h00-20h00 Taureau mécanique (3 billets)  
12h30 Foulle de monnaie  
12h00-16h00 Bingo (Pavillon)  
14h30 Derby de démolition  
15h00-20h00 Bungee horizontal (3 billets)  
17h00 Souper de rôt de bœuf  
18h30-21h30 Divertissement musical  
22h00-2h00 "Oil City Sound Machine"  
Pénombre Feux d'artifice

SATURDAY NIGHT ENTERTAINMENT  
"Oilcity Sound Machine"  
And Various Entertainers

SATURDAY ADMISSION: ADULTS \$5 - CHILDREN 7 TO 12 \$3 - CHILDREN 6 UNDER FREE

THE MORINVILLE NEWS

Read Us Online Daily At MORINVILLENEWS.COM

When you buy ad space in the Morinville News you are not only supporting your business, you are also supporting your community. Each year our publication sponsors numerous events and initiatives - none of which would be possible without the support of our advertisers. Thank you for choosing community.